

LES SOURCES DE CHEVERNY

#### ACTIVITIES

## Oenology

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## Wellness

Unique Activities

### Gastronomy

## Val de Loire



# OENOLOGY

AT LES SOURCES

reservations@sources-cheverny.com



#### Wine tasting at Les Sources de Cheverny

Discover the art of tasting at the heart of our hotel. Our wine tasting sessions invite you to explore a refined selection of wines, carefully chosen to awaken your senses. Accompanied by an expert, let yourself be transported by the aromas and flavors of local vineyards while enjoying a moment of conviviality and sharing.

Upon request, tasting at 5:30 p.m. Reservation required at least 72 hours in advance €55/person - Minimum 2 people

#### Domaine Le Portail

#### 5min drive from our establishment, in Cheverny

This estate is an ancient monastery where grape cultivation has been practiced for centuries. It is located 600 meters from the very famous Château de Cheverny. A family estate that cultivates 32 hectares of vineyards. The protected designation of origin wines Cheverny and Cour-Cheverny come from their production.

Visit and tasting by reservation: €10/person Free tasting without reservation from 10 a.m. to 5:30 p.m. Reservation: +33 2 54 79 91 25



# Around wine and the Loire *vineyards*

#### **Cheverny Wine House**

5 min drive from our establishment, in Cheverny

Inaugurated in 2008, the Maison des Vins de Cheverny is dedicated to promoting the AOC Cheverny and Cour Cheverny wines and has experienced significant growth. Three tasting options available (no reservation or advance notice required):

- · Free tasting of the wines of the day
- Tasting glass for €4, allowing you to taste 3 wines of your choice
- · Tasting kit for €7, allowing you to taste 7 wines of your choice

Open from mid-February to mid-November Opening hours vary depending on the season Discover

#### Domaine des Huards

10min drive from our establishment, in Cour-Cheverny

Winegrowers at the Domaine des Huards since 1846, the Gendrier family has been managing the estate for fifteen years using organic and biodynamic farming methods. The Domaine des Huards is located in the municipality of Cour-Cheverny, between the Loire and Sologne, just 4 km from the Château de Cheverny. The estate produces controlled designation of origin (AOC) wines Cheverny and Cour-Cheverny made from 100% Romorantin grape.

Recommended visit duration: 1 hour Visit and tasting: 624/ person Free and open tasting from 10 a.m. to 12 p.m. & from 2 p.m. to 6 p.m. Reservation: +33 2 54 79 97 90 Discover





# 02 WELLNESS

AT LES SOURCES

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S P A <sub>by</sub> caudalíe

Just a few steps from the rustling greenery of the forest, the Spa by Caudalie awaits you. Outside, a wooden hot tub and warm thermal water invite you to unwind.



# Wellness at the *Spa by Caudalie*



Our signature face and body treatments offer you the unparalleled pleasure of wraps, massages and beauty rituals enriched with grape seed extracts. It's a promise of wellness and relaxation. A time for yourself.

#### Starry Energy Boost treatment

This massage provides well-being and deep relaxation through work on the five extremities of the body: the head, hands, and feet.

80min: €180 weekdays / 50min: €130 weekdays 80min: €195 weekends / 50min: €145 weekends

#### Modelling in duo

A special moment to share as a couple, with friends, or between mother and daughter, in one of our double cabins with two therapists. Choose from: Vinosculpt Masage, Caudalie Signature, Starry Energy Boost, or Deep Tissue.

For 2 people: 80min: €360 weekdays / 50min: €260 weekdays 80min: €390 weekends / 50min: €290 weekends

#### 2-days cure

Experience the best of our treatments over 2 days. The first day includes an essential oil bath, a 50-minute Caudalie signature massage, and a 50-minute signature facial. On the second day, you will enjoy the Crushed Cabernet body scrub, an energizing wrap, and a 50-minute Vinosculpt massage.

2 days: €650 weekdays / 740€ weekends





Healthy *Life* 

#### Yoga Classes

Every Saturday from 6 p.m. to 7 p.m., discover the benefits of yoga with one of our favorite instructors. Jérôme will guide you on the path to better living.

1 hour of group class: €40/person Private class (following group lessons): €120/person

#### Pilates classes

Discover our Pilates classes on Sunday mornings, a revitalizing practice that enhances your posture, strengthens your muscles, and promotes your wellbeing!

1 hour group class: €40/person Private lesson (following group lessons): €90/person

#### **Private Coaching**

Treat yourself to a private coaching session with our coach Julien for personalized guidance and a fitness boost!

€90/person and €120 for two

#### Tennis Classes

Enjoy an outdoor tennis lesson with our coach. Julien is equally adept at introducing your children to the game and providing guidance for improving your skills. The Reception offers rackets and balls for your use.

1 hour of private lesson €80/person and €100 for two





Discover beekeeping and the fascinating world of bees during an exclusive activity with our beekeeper, Rafaèle. In a small group, Rafaèle will explain the life of a hive, its needs, and its development before you don your best beekeeper outfit to visit our apiary and learn about our local honey production. Finally, it will be time to taste the honey from Les Sources de Cheverny. An activity for both young and old!

Activity available on request from May to September, at a rate of €55/person. Minimum of 2 people required.





# In the heart of *Nature*

#### Bike ride

Discover stunning landscapes and create unforgettable memories on a bike ride through the heart of the Loire Valley. Whether you're a history lover or a sports enthusiast, this activity is for you! Traditional bikes available on the estate Electric bike rental for the day: 645/person Advance booking recommended

#### Forest walk

Set off on a family walk or bike ride in the heart of the Loire Valley. Discover the different species that make up our gardens and forest, and be surprised by the unusual trees you'll encounter along the way.

Loop of 1.7 km: departure from the boot room

#### Horse riding

Escape on horseback and connect with nature by exploring picturesque trails, creating unforgettable memories in the saddle.

#### Starting from 6 years old

Departure 10min by car from our establishment Reservation in advance required, subject to provider availability

#### Silvotherapy

Reconnect with nature! Through several multisensory activities guided by our sylvotherapist Philippe, you will have the opportunity to take time for yourself, listen to the birds, breathe in the surrounding scents, and observe nature. All these moments will bring you tranquility.

#### €160/person and €235 for two

By reservation only - unavailable in winter







# UNIQUE ACTIVITIES

AT LES SOURCES

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Hot air balloon flights take off directly from the hotel and are available every day at dawn or dusk, weather permitting, from March 15 to the end of October. The entire experience lasts between 3 and 4 hours, with about 1 hour of actual flight time.

#### €220/person and €400 for two





# Discover la Loire

#### ULM

Introductory flight and discovery of the Châteaux of the Loire: Chambord, Chenonceau, Chaumont, Blois, Amboise, Cheverny... 30 minutes: €105/person

1h20: €230/person

#### Guided bike tour

15min drive from our stabilishment, in Vineall Embark on a discovery of the Chiteaux of the Loire Valley and Sologne by bikel Your guide will offer you a unique perspective on the banks of the Loire, the Cher, or Sologne, exploring its wildlife, crops, vineyards, and local producers.

Half-day tour Package for 1 to 5 people: €180/group Wine tasting and local produce available <u>Discover</u>

#### Boat Ride on the Loire

30min drine from our establishment, in Vergain-sur-Laire Discover a chiteau of the Loire Valley from the boat, set in a natural backdrop where the fauna and flora of the Loire reveal themselves according to the seasons and water levels. And who knows, you might even spot beavers!

#### 1h30 hour tours

Several departures from morning until late afternoon: 10 a.m. - 2 p.m. - 4 p.m. €20/adult - €12/child Discover





## Discover la I oine

#### Trott'in Loire

30min drive from our establishment, in Muides-sur-Loire Discover our region in a different way by emphasizing Slow Tourism. You can choose to travel at your own pace, rediscovering the diversity of landscapes as well as the local, historical, cultural, and gastronomic heritage. Enjoy a 2-hour stroll that allows you to explore the area safely and at your own rhythm. Maximum weight on the scooter: 130 kg Starting from 14 years old €50/adult - €35/child Seasonal only

35min drive from our establishment, in Valloire-sur-Cisse After an introduction to archery, you will head into the forest for a course featuring foam and 3D animal targets. Test your skill in a safari-like atmosphere where crocodiles, foxes, wolves, and more await you for a moment of relaxation and adventure. Get ready for 2 to 3 hours of hiking in the great outdoors.

Introduction: €15/person - 3D Course: €24/person Activity organised by Loisirs Loire Valley





## Discover la Loire

#### Loire Kayak

20min drive from our establishment, in Vinenil Nature and adventure lovers, set off on a kayak exploration of the Loire—a unique way to discover the region's majestic landscapes at the rhythm of the water.

From 1 hour to a full day €20/person for 1 hour Available from April to September <u>Discover</u>

#### Robert-Houdin House of Magic

25min drive from our establishment, in Blois Inaugurated on June 1, 1998, the Magie is the only public museum in Europe that presents collections of magic and a permanent live show, which changes every year. Duration: 30 minutes

Duration: 30 minutes Open year-round Opening hours vary by season Entrance fees: £14.5/adult - £7.5/child <u>Discover</u>

#### **Cheverny Golf**

10min drive from our establishment, in Cheverny Golf enthusiasts, discover the course at the Golf de Cheverny with special rates reserved for guests of Les Sources de Cheverny. Access to the green and caddy: €44/person Discover



# La Loire by

#### **Cadillac Experience**

Yannick Girault will take you to discover our region, the beauty of its landscapes and heritage, its diversity, and its royal history aboard a 1964 Cadillac Fleetwood! Customizable Experience Half-dav: €500

#### **Cokpit Vintage Cars**

Philippe Plantier will take you to discover the Loire Valley in a vintage collectible car, exploring small manors along quiet roads, vineyards, and gourmet restaurants according to your desires.

Car rental: €450 without a driver Price available upon request for a chauffeur-driven car





# 04 GAST<u>RON</u>OMY

AT LES SOURCES

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# Our *vestauvants*

At the hour when taste buds awaken, the doors of our restaurants open. Our Chef offers you an exceptional culinary journey.

#### Le Favori

In the heart of the Loire Valley, at the border of the Gardens of France and the Sologne forest, our Chef and his team invite you on a Michelin-starred culinary journey. Just like the entire dining room, which opens onto nature, the Chef draws his inspiration from this nurturing and wild land that welcomes him. A cuisine that respects life, humanity, and the plant kingdom.

#### L'Auberge

A true countryside inn, our second restaurant invites you to discover generous, refined, and carefully crafted cuisine in a relaxed atmosphere. We are committed to working with local, fresh, and seasonal products, enhancing them in plates full of life and emotion. Close to nature, nestled between the Sologne forest and the gardens of the Loire Valley, we celebrate the terrori in each dish.

#### Our bar à vins

Located in the former winery of the estate, the bar of the Inn is a colorful and multifaceted place, reflecting the Romorantin vines that ripen their grapes in the sun on the other side of the estate.



Gourmet *picnic* 

Collect memorable souvenirs by enjoying a **gourmet picnic** carefully prepared by our Chef for lunch.

Settle in the great outdoors and embark on a journey to discover our region. A delightful outdoor break that combines **exquisite flavors with enchanting landscapes.** 

€50 for two Mandatory order 24 hours in advance



# Gourmet *discovery*



#### Les Belles Desmois'ailes

10min drive from our establishment, in Cour-Cheverny

Visit the little temple of bees anidst honeys and gournet treats. Discover their products as well as those from other producers who share similar values. You can also enjoy a tea or coffee while snacking on honey-based delicacies. In the beautiful season, take advantage of the glass hive to admire the bees and their work.

Open from Tuesday to Saturday from 10 a.m. to 12:30 p.m. and from 2 p.m. to 6 p.m. Duration: 45 min. Reservation required €6.50/person

#### Discover



# Gourmet *discovery*

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#### **Chocolaterie Max Vauché**

10min drive from our establishment, in Le Controis-en-Sologne

Chocolate lovers, discover their universel From the history of chocolate to its tasting, the Max Vauché chocolate shop embodies the culture of chocolate. In 1999, Max Vauché became a Master Artisan Chocolatier. Guided tours, tastings, chocolate workshops, macarons, and more—everything to delight youl

Guided tours by reservation Monday to Sunday: 11:30 a.m. / 2:30 p.m. Sunday and Public Holidays: 2:30 p.m. €4.95/adult - €3.95/child

Discover





#### **Domus Restaurant**

#### 20min drive from our establishment, in Mont-près-Chambord

The word Domus means "home" in Latin, reflecting their warm and authentic welcome. Each season, each product, and every encounter with the producers inspire their creations, offering a sincere and flavorful culinary experience. The restaurant is open for dinner from Friday to Tuesday, and for lunch on Saturdays and Sundays.

#### Discover

#### Au rendez-vous des pêcheurs

#### 25 min drive from our establishment, in Blois

By taking over this former neighborhood grocery store and bar, which was once frequented by Loire fishermen, the Chef has created a place of tranquility and friendliness, where one comes to enjoy a moment of relaxation while savoning the fish from the Loire. The restaurant is open from Tuesday to Saturday, for lunch and dinner.

#### Discover

#### Assa - une étoile au Michelin

#### 25 min drive from our establishment, in Blois

The cuisine of Anthony and Fumiko follows the daily variations in supply from their producers. Hence the name 'Assa,' which means 'Morning' in Japanese. This approach is the starting point for their creations. They aim to offer you a journey influenced by the Loire with a Japanese subtlety. The restaurant is open for dinner from Thursday to Sunday, and for lunch on Saturdays and Sundays.

Je découvre





#### La Vieille Tour - Michelin starred

#### 10min drive from our establishment, in Celletes

This 15th-century building, situated in the heart of the Loire Châteaux in Cellettes, Loir-et-Cher, has been run since 2016 by Alexis Letellier, the Chef from Nantes, and his wife Alice, a sommelier from the region. Through their cuisine, they aim to highlight local products by combining them with flavors from around the world. The restaurant is open for dinner from Tuesday to Saturday, and for lunch from Tuesday to Friday.

Discover

#### Avarum

#### 10min drive from our establishment, in Le Controis-en-Sologne

The Avarum restaurant offers traditional cuisine made from fresh, local products. Typical of the region, our establishment welcomes you at the foot of the Château de Fougères-sur-Bièvre and takes you on an original culinary escape. With service and staff worthy of high-end establishments, we provide a warm and friendly welcome at lunch and dinner. Talented and passionate, our chef offers traditional French cuisine prepared with local ingredients. The restaurant is open for dinner from Wednesday to Saturday, and for lunch from Wednesday to Sunday.

Discover

#### La Botte d'asperges - BIB gourmand

#### 10min drive from our establishment, in Le Controis-en-Sologne

Maud and Stéphane Bureau took over the restaurant in 2020 and were almost immediately recognized by the Michelin Guide. An authentic and expertly crafted cuisine is shared in a warm atmosphere, where smiles reign supreme. The restaurant is open from Wednesday to Sunday, for lunch and dinner. **Discover** 

#### MENU

Our culinary recommendations

RULATION



#### L'Évidence

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5min drive from our establishment, in Cour-Cheverny Located near the Château de Cheverny, the restaurant L'Évidence welcomes you in an elegant setting for a gourmet break. Chef Emmanuel Béa invites you to discover an original cuisine that blends local flavors with those from elsewhere.

The restaurant is open for lunch and dinner from Thursday to Monday, except Sunday evening.

#### Discover





# VAL DE LOIRE

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Zoo de Beanval

35min drive from our establishment, in Saint-Aignan

It showcases around 3,000 animals across 40 hectares, making it one of the largest animal collections in France and Europe.

You will encounter 800 extraordinary species, discover the Equatorial Dome, and enjoy a unique view of the park from above in the Beauval cloud.

Witness a marvelous aquatic ballet with the Sea Lion Odyssey. Discover the incomparable bird show, Masters of the Skies!

Entrance fees: €36/adult -€29/child



#### Discover



#### Château de Cheverny

5 min drive from our establishment, in Cheverny

Château de Cheverny stands as a true gem of French heritage, renowned internationally. Belonging to the same family for over six centuries, this majestic château is passionately managed by the Marquis and Marquise de Vibraye, who preserve is rich history while sharing it with the public. During your visit, be enchanted by its six thematic gardens, each offering a unique sensory experience, from intoxicating fragrances to beautifully curated landscapes. Both children and adults will enjoy the labyrinth—a fun spot to get lost and explore together. Don't miss the 3D Tintin exhibition, a capitvating dive into the world of the famous comic book hero, blending nostalgia with modernity.

From January 2nd to March 31st and from October 1st to December 31st: 10 a.m. - 5 p.m. From April 1st to September 30th: 9:15 p.m. - 6 p.m. (until 6:30 p.m. from July 1st to August 31st) Entrance fees: €15/adult - €11/child Discover

#### Château Royal - Blois

20min drive from our establishment, in Blois

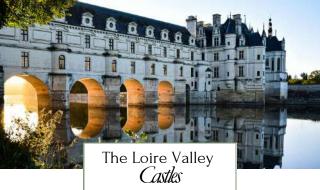
Classified as a historic monument since 1845, the Royal Castle of Blois offers a magnificent panorama of the art and history of the Loire Valley châteaux. Its four wings, surrounding the courtyard, represent a unique example of the evolution of French architecture from the 13th to the 17th centuries.

Open year-round - Opening hours vary by season Entrance fees: €14.5/adult - €7.5/child <u>Discover</u>

#### Sound and Light Show at the Château Royal

As night falls, immersive special effects and monumental projections take over the grand architecture of the site for a duration of 45 minutes. Enjoy this show from April 5th to September 27th and from October 18th to November 1st in the Chäteau courtyard (except on June 21st and July 13th). April, September: 10 p.m. / May, June, July, August: 10:30 p.m. / October, November: 7:15 p.m. Entrance fees: €12/adult - €7.5/child Discover





#### Le Domaine national de Chambord

25 min drive from our establishment, in Chambord

The domain is a unique architectural and natural ensemble in France, inscribed on the UNESCO World Heritage list since 1981. It is also a national wildlife and hunting reserve that has been home to numerous representative animals of the Sologne fauna, including populations of wild boars and deer, since 1947. Approximately 800 hectares are accessible year-round, allowing visitors to enjoy marked hiking trails and designated cycling paths. The domain is the largest enclosed forest park in Europe. From January 2nd to January 4th and from March 29th to October 26th: 9a.m. - 6 p.m. From January 5th to March 28th and from October 27th to December 19th: 9a.m. - 5 p.m. Entry: €19/adult - free/child Discover

#### Château de Chenonceau

40min drive from our establishment, in Chenonceaux

An exceptional site due to its original design on the Cher River, Chenonceau is a must-visit destination. The tour of the various rooms, bedrooms, and salons presents its unique history, as it was loved, managed, and protected by women such as Diane de Politiers and Catherine de' Medici. In addition to its museum collections, the Château de Chenonceau welcomes visitors as "day guests" with stunning bouquets of fresh flowers... Original creations from the Château's floral workshop, which is unique in Europe.

Open year-round - Opening hours vary by season Entry: €18/adult - €15/child Discover



#### Château de Chaumont sur Loire

30min drive from our establishment, in Chaumont-sur-Loire

Built in the 11th century, it overlooks the Loire River and offers a panoramic view of the surrounding landscape. Renowned for its impressive medieval architecture, the château was redesigned during the Renaissance, resulting in a unique blend of styles. Chaumont-sur-Loire is also famous for its gardens, which host the annual International Garden Festival, attracting artists and landscape designers from around the world. The château has a rich history, having been home to historical figures such as Diane de Poitiers, mistress of King Henry II, who played a key role in its development.

Open year-round - Opening hours vary by season

Entry: €16/adult - €4/child

Festival of Gardens from April 19th to November 2nd, 2025 - Entry: €21/adult <u>Discover</u>

