



Le Spa Caudalie



LES SOURCES DE CHEVERNY
VAL DE LOIRE

SPA CAUDALÍE

Just a few steps from the gentle rustle of the forest, the Spa Caudalie awaits.

A true haven of wellbeing, this sanctuary of relaxation flows to the soothing rhythm of water, with its soft ripples and delicate lapping.

Outdoors, a hot tub encircled by oak wood like a barrel, treated through an eco-friendly process, offers warm, deeply relaxing waters.

Indoors, enhanced by a magnificent wooden framework, a relaxation pool and a hammam invite you to fully unwind.

Our signature face and body treatments offer the incomparable pleasure of wraps, massages, and beauty rituals enriched with grape seed extracts.

The promise of pure wellbeing and relaxation.
A moment entirely your own.

*For the well-being of our guests on treatments, the indoor facilities of the Spa Caudalie are accessible with the booking of treatments of at least 80 minutes for a duration of one hour, or with a 2-hour Spa Access.
(42 Euros per person, by reservation, subject to availability).*





Our rituals

Enjoy a moment of relaxation at our Spa Caudalie with a ritual combining several treatments, dedicated to overall well-being.

Full ritual*

A 30 minutes body scrub
+ a 50 minutes body massage
+ 50 minutes facial treatment
– 340 Euros Weekdays
– 380 Euros Sat-Sun

100% body ritual*

A 30 minutes body scrub
+ an 80 minutes body massage
– 250 Euros Weekdays
– 265 Euros Sat-Sun

Signature Sources ritual*

A 50 minutes body massage
+ a 50 minutes facial treatment
– 270 Euros Weekdays
– 300 Euros Sat-Sun

Ritual in duo

A 20 minutes bath
+ an 80 minutes body massage
– 450 Euros Weekdays
– 480 Euros Sat-Sun

**Treatments tailored to the needs of younger guests and expectant mothers*



Caudalie facial treatments

An 80 minutes treatment priced at 195 Euros

Premier Cru - Global Anti-Ageing

This exceptional treatment combines the finest anti-ageing actives to target all visible signs of ageing: wrinkles, dark spots, and loss of volume. Through a deep manual facial massage technique, paired with the Premier Cru Serum, fine lines and wrinkles are smoothed, leaving the skin refined and visibly more youthful.

Resveratrol - Lift - Anti-Wrinkle, Firming

Thanks to Caudalift, an advanced muscle-stimulation technology, combined with our patented Vine Resveratrol, this facial delivers immediate results. Wrinkles and fine lines appear smoothed, the skin feels plumped, and the complexion looks radiant.

Vinoperfect Radiance - Dark Spot Correction

This facial corrects and prevents pigmentation spots. Enriched with our expert Viniferine-based products and combined with a hot and cold stone massage, the skin regains its luminosity, the complexion appears brighter, and facial features look visibly rested.

Vinohydra - Hydrating, Soothing

This facial deeply repairs, soothes and nourishes even the most dehydrated skin. A delicate fresh grape facial massage, combined with our hydrating range, restores absolute comfort. The skin feels soft, soothed and beautifully plumped.

Vinopure - Purifying, Blemish Control

Ideal for combination to oily skin, this facial purifies the epidermis, tightens pores and refines skin texture. Following a deep cleanse, a purifying massage with natural salicylic acid helps restore balance, leaving the skin fresh and visibly clearer.



All our treatments are available in a 50 minutes format at a rate of 155 Euros. Enjoy an exclusive 15 Euros advantage on treatments booked from Monday to Friday.



Exclusive body treatments

A 80 minutes treatment priced at 195 Euros

Les Sources Bespoke Massage

A slow, deep and personalised massage, our signature Les Sources treatment releases tension, soothes the mind and restores balance to the body through enveloping movements and gentle stretching. Also available in a 100 minutes format.

Les Sources Detox Massage

Ideal for revitalising the body, this stimulating massage promotes circulation and helps restore lightness and vitality.

All our treatments are available in a 50 minutes format at a rate of 155 Euros. Enjoy an exclusive 15 Euros benefit on treatments from Monday to Friday.

Caudalie body treatments

A 80 minutes treatment priced at 195 Euros

Vinothérapeute - Deep Revitalising Massage

This full-body massage, performed with three levels of pressure, combines slow, enveloping movements to stimulate circulation and deeply relax the body. Immediate results: intense relaxation, more supple and hydrated skin, and a profound sense of release.

Vignerons Massage - Energising

This Caudalie signature massage is inspired by the stages of winemaking. It alternates manual movements of treading and pressing with targeted pressure applied using a winemaker's stick. It helps stimulate blood circulation and enhance muscular tone.

Working deeply on the body's energy pathways, this treatment delivers dual benefits for both skin appearance and overall relaxation.

Pregnancy Massage - Relaxation, Serenity

A gentle, enveloping massage that relieves tension associated with pregnancy, softly stimulates venous circulation, and improves hydration, tone, and skin elasticity. It offers a moment of absolute relaxation and well-being for you and your baby. From 3 months of pregnancy.

All our treatments are available in a 50 minutes format at a rate of 155 Euros.

Enjoy an exclusive 15 Euros benefit on treatments from Monday to Friday.



Additional treatments*

Crushed Cabernet body scrub - 30 minutes

This cult grape seed and six essential oils scrub leaves the skin smooth, soft and silky.

– 80 Euros

Grape Marc bath for two - 20 minutes

This bath provides deep relaxation thanks to hydro massage jets, enriched with grape marc extracts for a gentle exfoliating and antioxidant effect. A true radiance boost with an energizing bath oil made from orange, apricot, and iris extracts, to be enjoyed together for a special shared moment.

– 105 Euros Weekdays for two

– 120 Euros Sat-Sun for two

Targeted massage of your choice - 20 minutes

This massage releases energy blockages and promotes deep relaxation. Simultaneous reactions throughout the body help rebalance the energies of the nervous system.

– 40 Euros

Express facial treatment - 20 minutes

Available only as an add-on to a body treatment.

– 40 Euros

Eye contour treatment - Decongesting - 20 minutes

A targeted treatment combining the application of patches and cryotherapy globes.

– 50 Euros



Hydrodermabrasion Skin Cleansing - 30 minutes

A deep cleansing treatment combining micro- and hydro-dermabrasion, enhanced by the infusion of serums and oxygen for skin that is smooth, radiant, fresh, and oxygenated.

– 80 Euros

Caudalift - 30 minutes

The ideal anti-ageing complement to our facials, combining muscle stimulation technology for instantly visible results.

– 80 Euros

**All of these treatments are available as an add-on to another treatment, massage or ritual.*



Lunch & Treatment on weekdays

Half-day at Les Sources for two

Enjoy a 50 minutes massage or facial treatment and lunch at Auberge (daily menu, water, and coffee included).

– 360 Euros

Also available for one person

– 180 Euros

From Monday to Friday. Upon availability and excluding public holidays.





Activities

Reserved for hotel guests

Bath access

Upon time slot reservation
– 42 Euros per person for 2 hours

Fitness Room

A fully equipped fitness room allows you to extend your wellbeing or maintain your exercise routine.

Open 7 days a week, 24 hours a day, with access included with your treatment.

Personal Sports Coaching

Upon time slot reservation
– 100 Euros per person for 1 hour



Terms and Conditions of Sale

Check-in

We recommend arriving at the Spa 15 minutes prior to your scheduled appointment. In the event of late arrival, your treatment time will be reduced accordingly, out of respect for subsequent guests.

Expectant Mothers

Certain treatments are not recommended during pregnancy. From the end of the third month, we recommend seeking advice from your doctor and informing us of your pregnancy at the time of booking. Our Spa team will be pleased to guide you towards the most suitable treatments.

What should you bring?

Please bring your swimwear. Bathrobes, towels and slippers will be provided by the Spa team.

Gift Vouchers

We offer gift vouchers valid for 12 months for rituals or treatments, available on www.sources-chevry.com. They may be downloaded directly, sent by post, or collected at the reception of Les Sources de Vougeot.

Reservation

We recommend that you book your treatments in advance. A credit card guarantee is required for all reservations. We kindly ask that you contact us at least 48 hours in advance in the event of any change or cancellation. Beyond this timeframe, the full amount will be charged.

Access to the spa is included with your treatment booking of at least 80 minutes for a duration of one hour, or available as a two-hour Spa access (42 per person, by reservation and subject to availability).

Medical Advice

In case of any health concerns, we recommend seeking medical advice.



Reservation

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Find us on

www.sources-cheverny.com