



LES SOURCES DE CAUDALIE  
BORDEAUX



# CAUDALÍE

VINOTHERAPIE SPA

Welcome to the world's very first Vinotherapie Spa

A dreamlike haven, far from the noise, far from everything,  
with vineyards stretching as far as the eye can see.

Located within the Palace Les Sources de Caudalie, nestled in the Bordeaux vineyards of the prestigious Château Smith Haut Lafitte, this exceptional Spa offers a rare moment of well-being.

In this cocoon of nature and serenity, the senses are pampered, the body is soothed and the soul is renewed. Discover the benefits of vine and grape extracts combined with naturally warm spring water drawn from a depth of 540 metres.

All our Caudalie treatments include access to the Spa facilities during your half-day of treatments:  
thermal bath, indoor jacuzzi, hammam...

*To ensure the highest level of comfort for our guests, Spa facilities are accessible only with treatment bookings, available from the age of 16.  
To preserve the tranquillity of the space, animals are not permitted in the Spa.  
This brochure features the rates applicable for the year 2025.*



# Vinothérapie

## Grape at the heart of every treatment

Vinothérapie combines the treasures of the vine with the expert touch of our Vinothérapeutes to deliver exceptional, world-unique face and body treatments.

Thanks to Caudalie formulas, rich in antioxidant and anti-ageing actives, each ritual becomes a moment of absolute beauty, where the skin regains its radiance, firmness and vitality.

Our treatments and rituals combine cutting-edge vine-derived patents with the most advanced techniques, for visibly more beautiful, healthier skin, transformed over the long term. Discover our complete treatment programme.



# Our Signature Rituals

Treat yourself to a half-day of well-being with our rituals combining facial and body treatments, tailored to your skin's specific needs.  
A special moment to release tension and deeply relax your body.



## Ritual of the Sources: half day - €335

### Bath or wrap of your choice, and subject to availability (relaxing) - 15 min

This bath provides deep relaxation through hydromassage jets infused with grape marc extracts for a gentle exfoliating and antioxidant effect. This warm wrap of vine-derived active ingredients offers purifying benefits (Merlot wrap) or moisturising properties (Honey & wine wrap), bringing comfort and relaxation to the entire body.

### Massage with warm oil - 20 min

This massage releases deep-seated tension and provides an immediate feeling of relaxation and harmony.

### Facial treatment - 50 min

This treatment combines the benefits of the vine with the latest spa techniques to leave the skin firmer, healthier and more radiant.

#### Your choice:

- Premier Cru (anti-ageing)
- Resveratrol-Lift (firming)
- Vinoperfect (radiance)
- VinoHydra (moisturising)
- Vinopure (purifying)



## **Sunday Ritual: half day - €370**

### **Vinotherapist massage (relaxing or tonifying) - 50 min**

This signature massage offers true relaxation, relieving tension and restoring energy thanks to grape seed oil.

### **Facial treatment - 50 min**

This treatment combines the benefits of the vine with the latest spa techniques to leave the skin firmer, healthier and more radiant.

#### **Your choice:**

- Premier Cru (anti-ageing)
- Resveratrol-Lift (firming)
- Vinoperfect (radiance)
- VinoHydra (moisturising)
- Vinopure (purifying)



## **Ritual of the Vines: half day - €455**

### **Bath or wrap of your choice, and subject to availability (relaxing) - 15 min**

This bath provides deep relaxation through hydromassage jets infused with grape marc extracts for a gentle exfoliating and antioxidant effect. This warm wrap of vine-derived active ingredients offers purifying benefits (Merlot wrap) or moisturising properties (Honey & wine wrap), bringing comfort and relaxation to the entire body.

### **Crushed Cabernet scrub (exfoliating) - 30 min**

This scrub restores radiance and softness to your skin, combining a fresh blend of grape oil, brown sugar, grape seeds, honey and six slimming essential oils. The skin is hydrated and perfectly smooth.

### **Massage with warm oil - 20 min**

This massage releases deep-seated tension and provides an immediate feeling of relaxation and harmony.

### **Facial treatment - 50 min**

This treatment combines the benefits of the vine with the latest spa techniques to leave the skin firmer, healthier and more radiant.

### **Your choice:**

- Premier Cru (anti-ageing)
- Resveratrol-Lift (firming)
- Vinoperfect (radiance)
- VinoHydra (moisturising)
- Vinopure (purifying)



# Our Signature Treatments

For two days, let the vine reveal its benefits through relaxing, purifying, moisturising or toning treatments. Bath, wrap, scrub, massage and facial set the rhythm of this programme for complete revitalisation.



## **Cure des Sources: treatments spread over 2 half-days - €700**

### **Grape marc bath (relaxing) - 15 min**

This bath provides deep relaxation through hydromassage jets enriched with grape marc extracts, offering a gentle exfoliating and antioxidant effect.

### **Merlot wrap (relaxing and purifying) - 15 min**

This warm wrap with vine-derived active ingredients offers purifying benefits, bringing comfort and relaxation to the whole body.

### **Crushed Cabernet scrub (exfoliating) - 30 min**

This scrub restores radiance and softness to your skin, combining a fresh blend of grape oil, brown sugar, grape seeds, honey and six slimming essential oils. The skin is hydrated and perfectly smooth.

### **Massage with warm oil - 20 min**

This massage releases deep-seated tension and provides an immediate feeling of relaxation and harmony.





### **Bath or wrap of your choice, and subject to availability (relaxing) - 15 min**

This bath provides deep relaxation through hydromassage jets infused with grape marc extracts for a gentle exfoliating and antioxidant effect. This warm wrap of vine-derived active ingredients offers purifying benefits (Merlot wrap) or moisturising properties (Honey & wine wrap), bringing comfort and relaxation to the entire body.

### **Massage with warm oil - 20 min**

This massage releases deep-seated tension and provides an immediate feeling of relaxation and harmony.

### **Facial treatment - 50 min**

This treatment combines the benefits of the vine with the latest spa techniques to leave the skin firmer, healthier and more radiant.

#### **Your choice:**

- Premier Cru (anti-ageing)
- Resveratrol-Lift (firming)
- Vinoperfect (radiance)
- VinoHydra (moisturising)
- Vinopure (purifying)



## **Cure Luxe: treatments spread over 2 half-days - €800**

### **Grape marc bath (relaxing) - 15 min**

This bath provides deep relaxation through hydromassage jets enriched with grape marc extracts, offering a gentle exfoliating and antioxidant effect.

### **Crushed Cabernet scrub (exfoliating) - 30 min**

This scrub restores radiance and softness to your skin, combining a fresh blend of grape oil, brown sugar, grape seeds, honey and six slimming essential oils. The skin is hydrated and perfectly smooth.

### **Vinotherapist massage (relaxing or tonifying) - 50 min**

This signature massage offers true relaxation, relieving tension and restoring energy thanks to grape seed oil.

### **Facial treatment - 50 min**

This treatment combines the benefits of the vine with the latest spa techniques to leave the skin firmer, healthier and more radiant.

#### **Your choice:**

- Premier Cru (anti-ageing)
- Resveratrol-Lift (firming)
- Vinoperfect (radiance)
- VinoHydra (moisturising)
- Vinopure (purifying)



**Merlot wrap (relaxing and purifying) - 15 min**

This warm wrap with vine-derived active ingredients offers purifying benefits, bringing comfort and relaxation to the whole body.

**Foot reflexology (anti-stress) - 50 min**

This gentle method involves stimulating specific reflex zones on the soles of the feet to provide deep relaxation. The massage helps balance the body's energy flow, improve the lymphatic and circulatory systems, and eliminate toxins.

**Beauty Elixir massage (toning and revitalising) - 50 min**

With enveloping movements and the botanical mist of the Beauty Elixir, the skin glows, facial features relax and smooth, and the mind drifts away, carried by its delicate scent. Infused with green grape, rose essential oil and rosemary essential oil. A burst of radiance, like morning dew.



# Our Signature Bubbles

Available on weekdays only, our signature bubbles combine a 50-minute facial and a 50-minute body massage to brighten, hydrate or firm your skin.



## **Relaxation Bubble: half day - €290**

### **Vinoperfect facial treatment (radiance) - 50 min**

This treatment brightens and evens out your complexion. It effectively targets sunspots, acne marks, age spots and pregnancy-related pigmentation.

### **Vinotherapist massage (relaxing or tonifying) - 50 min**

This signature massage offers true relaxation, relieving tension and restoring energy thanks to grape seed oil.

## **Hydratation Bubble: half day - €290**

### **VinoHydra facial treatment (hydrating) - 50 min**

This treatment soothes and deeply hydrates your skin, restoring suppleness, firmness and radiance for a glowing complexion.

### **Vinotherapist massage (relaxing or tonifying) - 50 min**

This signature massage offers true relaxation, relieving tension and restoring energy thanks to grape seed oil.

## **Tightening Bubble: half day - €290**

### **Premier Cru facial treatment (anti-ageing) - 50 min**

This treatment visibly corrects signs of ageing, leaving the skin smoother and firmer thanks to its firming and anti-dark spot action.

### **Vinosculpt massage (sculpting and firming) - 50 min**

This massage stimulates blood and lymphatic circulation while reducing water retention. Your skin is toned, smoothed and reshaped, leaving you with an overall feeling of lightness.



# General terms and conditions of sales

## Check-in

We recommend that you arrive at the Spa 15 minutes prior to your scheduled appointment. If you wish, you may keep your underwear on during the treatment. However, all our Vinotherapists are highly trained and ensure your complete privacy. In case of late arrival, the duration of your treatment will be reduced by the length of your delay, out of consideration for the next guests.

## Children

Children under the age of 16 are not allowed inside the Vinotherapie Spa.

## Pregnant women

Certain treatments are not recommended during pregnancy. We advise you to consult your doctor and inform us of your pregnancy at the time of booking. We offer special facials and/or massages for expectant mothers.

## Booking

We recommend booking your Spa treatments one month in advance by contacting our team at [reservations@sources-caudalie.com](mailto:reservations@sources-caudalie.com) or by phone at +33(0)5 57 83 83 83. Please contact us at least 48 hours in advance for any changes. After this period, we regret that the full amount of your treatments will be charged. Our team of therapists includes both women and men; if you have a preference, please let us know when making your booking.

## Practical information

Medical consultation:

A medical opinion will be required in case of any health issues.

What should you bring?

Please bring your swimsuit.